

I am fearless when pursuing my goals.

Each day, I have many opportunities. I can go after what I want, or I can wallow in fear and anxiety and refuse to participate in my life. ***Because I want to see my dreams come true, I am fearless when pursuing my goals.***

I am thankful that I have dreams for myself. They give me something to work for and look forward to. They shape my life with purpose and motivation. My highest vision of my life is created by going after what I want. And I aim to have the best life I can!

Going after what I want in life is so satisfying.

I set small goals on the way to the bigger ones and watch with pride as I achieve them. And each time I reach one, I grow in my confidence that I can likewise accomplish my bigger dreams. I make time to celebrate even the smallest achievements.

If I ever feel that life would be easier if I just let go of my dreams and stopped trying so hard, I remind myself that this moment is the only one I have. I only need to go after what I want in this moment. The past is gone and the future is still to come. Therefore, I choose in each moment to fearlessly pursue my goals.

Today, I passionately go after the things I care about. True success to me means relentlessly pursuing my dreams. I love myself and my life, so I set myself up for success as often as I can. Each day, I set some small goal for myself and then rejoice when I achieve it.

Self-Reflection Questions:

1. Which goals are easiest for me to pursue?
2. Which goal that I'd really like to accomplish seems like a pipe dream to me?
3. What is one small step I can take today toward this dream?