# Legendary Love. Module 3. Quiz.

#### Please choose the best answer.

- 1. Communication is something you only have to pay attention to during stressful times.
  - A. True
  - B. False
- 2. What do you need to discuss if one or both of you have children?
  - A. Your partner's relationship with the other parent
  - B. How much time you or your partner spends with the children
  - C. How to handle discipline
  - D. All the above
- 3. It's better to ignore anger so no one's feelings are hurt.
  - A. True
  - B. False
- 4. The best way to handle anger is to:
  - A. Scream, yell, and throw things until you feel better
  - B. Pay for a billboard to express your feelings
  - C. Set a time when you can both talk using Reflective Listening
  - D. Hit them with a pillow when they're sleeping

- 5. Your reaction to something your partner says can come from:
  - A. Something that happened when you were a child
  - B. Unresolved feelings from past relationships
  - C. Family beliefs you brought to the relationship
  - D. All the above
- 6. Clearing Exercises connect your feelings with family events when growing up.
  - A. True
  - B. False
- 7. Unhealthy relationship games are:
  - A. Fun to play with friends
  - B. Destructive to your relationship
  - C. Funny and entertaining
  - D. To keep the fires burning at home
- 8. The purpose of fun relationship games is to:
  - A. Keep communication open
  - B. Strengthen your connection with each other
  - C. Keep fun in your relationship
  - D. All the above
- 9. What is "False Evidence Appearing Real"?

- A. Evidence inadmissible in a court of law
- B. Photoshopped photo of a damaged car
- C. Fear
- D. A small, 3D replica of the Eiffel Tower
- 10. You use an affirmation or mantra when:
  - A. You're afraid you'll be rejected.
  - B. Anytime you're afraid
  - C. You're afraid you'll be abandoned.
  - D. All of the above

#### **Answer Key**

- 1. B
- 2. D
- 3. B
- 4. C
- 5. D
- 6. A
- 7. B
- 8. D
- 9. C
- 10. D