

THE AUTHOR.



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Her novels etc: Including <u>Dizzy Angel</u>, (1985), <u>The Broken Bond</u> (2001) and <u>Ada in London</u> (2005).

Disclaimer:

This report is only a guide. There is nothing here that should be taken as a prescription or an advice. You can choose to use any of the information in this report or you can choose to ignore it all. It is entirely up to you. The author has written this report only as an educational and informative material. She cannot be held responsible for any results or none at all. By reading this report, you agree to indemnify the author of any issues that may arise, if you choose to implement any of the suggestions.

Introduction.

Are you planning to try Online Dating? If yes, good for you! Literally everyone does that these days! Days are gone when romantic friendships and marriages are only achieved through traditional methods and introductions. These days, if you have a mobile phone, you can go on the Internet and start chatting to a guy or a girl within of a few hours of joining a Dating Site.

But how easy is Online Dating? How Safe is it? And How on earth do you go about it so that you can achieve the result you want?

I'll try and answer some of these questions below.

Online Dating Can Be Tough.

It is a fact that we women, even very beautiful women, like to be approached by a confident and interesting man. Are you surprised? It's true...and confident and interesting are much more important than looks to us ladies of all ages, too in real life. That is also true for internet dating,

Once you have joined an online dating service, you will find that there a lot more men than women and that the men are much more likely to browse

profiles and make initial contacts than women. Yes, it's a woman's world...still. It's "traditional" for men to make the first move. It always has been and it always will be. Some things never change. That's why your profile and picture are so important.

Remember, show that you are confident and interesting, and not just a pretty face who is helpless and needs a man so badly...

Sorry, the fairy tale days are over.. You are **not locked up in a castle** and you cannot, therefore, be waiting endlessly for a Knight in Shining armour to come and rescue you! It's important that your profile let's people know

that you have friends you care about and that you are passionately interested in a variety of things...not JUST beauty and clothes. Another thing about that all-important profile.

Please don't start it with: "Are You my Mr Right?". The answer is likely to be: "No, I don't know you yet!"

You will have just shot yourself in the foot with that line. Another one to never use is, "I could be the woman of your dreams". The guy HOPES you are but he will be the judge of that...so don't insult his intelligence. Remember, exude confidence and be naturally interesting, and you will find that man you have been looking for...or he will find you.

Won't it be nice to have the guys contacting you, instead of you having to do chase them? If you write a great profile that stands out in the crowd, that will happen.

A Woman's "Don'ts" of Online Dating.

There are some things that women should never do while engaged in an online relationship with a man. These things are certain to put a quick and final end to any further communications with him.

While chatting online or by email, do not write your life story. His eyes will glaze over and he will fall out of his chair. Keep it short and sweet until he asks for details...then provide them slowly and only answer the questions he asks. For instance: If he asks how many siblings you have, he is NOT asking for the details of your interaction with them. He really just wants to know how many you have. Say you have 2 (or whatever is true) and then ask how many he has.

For every question he asks you, you should ask one of him. Nothing turns a man off like a long-winded woman who just doesn't know when to shut up or how to listen.

Lying is a "No, No"!

Never, ever, EVER lie. I really believe that lies will catch up with you sooner or later. Many women (and men) lie about their age, marital status, employment, height, weight and a host of other things in their online profiles. That is a huge mistake. If you find a man who you are really interested in, he will find out you lied and there goes any possibility of the relationship progressing. **So, just be honest.** There is someone out there who will like you...even come to love you...for exactly the person you are.

Don't be too eager. It makes you look desperate and it really puts a man off. They are first and foremost conquerors and if getting the person of their desires to like them too is just too easy, they will quickly lose interest. I don't mean play "hard-to-get". I mean, don't push for a face-to-face meeting. Don't email them or IM them too frequently. Play it safe and play it cool.

How to Write a Great Profile as a Woman.

OK...the time has come. You have joined an online dating service or two. Now you must write that all-important profile... the one that will attract attention and reel in the man of your dreams... but where to start? Maybe writing isn't even something you think you do all that well. Even so, you can do this.

The first thing is to be absolutely honest about yourself. You are looking for that man who will like...maybe someday love...YOU....THE REAL YOU! Examine past relationships and list the things that you liked and the things you did not like. If he smoked in the house and you hated it, you won't like it any better the next time. If you love cats and will always want to own one or more, say that you are an animal lover and want indoor pets. Someone who hates cats or is allergic to them is not the guy for you.

Highlight the things that make you unique. If you play the piano well, you really want Mr. Right to appreciate it. If you run in marathons, a couch potato is not a good match. If you love art, you really don't want a man who thinks Picasso is an ice cream flavour.

Describe the things that are vital in your life. If volunteering is the one thing that makes you feel useful and worthwhile, you want someone who would, at the very least, support you, if not join you in your volunteer projects. When you get beyond superficial things, you will attract men who share your values.

Your Profile Photographs.

Invest in your online profile by hiring a professional photographer for your first online picture. This is so important. The picture is the FIRST thing men see. **Do not ever put a nude or partially nude photo of yourself online.** Nude or partially nude photographs are demeaning of you and totally reduce the respect a serious man will have for you. If you do, you will lose the opportunity of attracting really genuine men, who are looking for their potential life partners and not a "whore".

Some online dating sites even provide you with a list of photographers in your area that specialize in online dating site photos.

The second thing is that the men read what you have written about yourself.

Ask the Right Questions First.

OK. You have joined a couple of dating services and written a killer profile. You've uploaded a good picture and now you are going to chat with a contact. What now? How do you start separating those who have real potential and those who don't have any potential at all?

You need to find out something about who this strange man really is and not just who he wants you to believe he is. It would be nice if men wore labels like "Irresponsible" or "Totally Unreliable"....but they don't, so it's up to

you to find these things out and you can't just ask direct questions. You need to know what mistakes you can avoid making and how to impress this guy if you decide you want to do that.

After you are past the initial small talk, ask him, "What are the biggest mistakes ladies make when dating online?" Listen carefully to his answers. He's going to tell you a lot about himself and his views on women in general.

Next you should ask him, "What do you really think about online dating?" Now he will tell you if he has had any bad experiences dating online and help you to avoid making the same things wrong for him.

Now for the all-important one....."What caused the break up in your last relationship?" If he puts all the blame on the lady, you should probably move on to the next prospect. If he takes all the blame himself, you should probably do the same. If he says the breakup was by mutual consent or that the relationship just wasn't right for either of them, you've heard the right answer. Move forward but always with caution.

Asking the right questions will give you insight and make you more confident when you meet the guy for the first time.

Honesty Really is the Best Policy.

When you join an online dating service, you are looking for a guy that you can like...even come to love. That guy is looking for a girl that HE can like or even love. What you aren't looking for is a guy who would like your best friend or your idea of what the perfect girl looks like, or talks like or thinks like. So, in order to find the right guy for you...and he IS out there...you need to be completely honest with yourself about yourself, when writing the online profile, during the dating process and beyond.

The best way to begin writing your profile is to carefully analyze your past relationship (s). What was right? What was wrong? What things really made you like the last guy? Which didn't?

If you aren't a figure 8, don't claim to be. If you are a bar tender, don't claim to be a lawyer with a six-figure income. If you are 40 going on 50, don't pretend to be 30 something.

Remember, the idea here is to find a guy who will like you exactly like you are. If you have lied in your profile, the first face-to-face meeting will remove all his doubts that you are a liar...and probably a cheat, as well.

Lastly, once you have found a guy that you believe can be the one for you, for goodness sakes, cancel your membership to the online dating service. After all, you know and he knows that online dating services are intended for those who are looking...not those who have found or been found.

Mr. Perfect Does Not Exist!

The sooner you realize this sad but true fact, the sooner you can get on with finding Mr. Close-Enough-To-Perfect. Prince Charming, riding on a white stallion, lost his way, or found Princess Charming and got married on his way to your castle, doesn't exist!. Get over it and get on with it. You ARE going to have to actively seek the man of your dreams and you won't find him hiding under your bed. You already know that he isn't among the men that you are acquainted with so, now what? Online dating is "what".

It's true that online dating, while in its infancy, was only made up of perverts, sexual predators, nerds and weirdoes, but that is no longer true. It has become the main tool of the single person in every developed country in the world. Forty million people can't all be wrong. Ask your girl friends if they have ever used online dating or are using it now. If they are honest with you, most of them have or are now members of at least one online dating site and maybe more than one. It really is the way to go to meet eligible men who want to meet you. It doesn't matter what any of your numbers are...like age, height, weight or income either. Somewhere out there in the big wide

world there is a man who will like you....then love you....and think that you are beautiful and desirable. "Beauty is in the eye of the beholder" is true. What is considered beautiful in one part of the world is completely

different from what is considered beautiful in another part of the world. It's even different from one part of this country to another.

Find an online dating site that suits your needs. Write a great profile and post a flattering picture. Start contacting eligible men on the site. Mr. Close-enough-to-perfect could be a few mouse clicks away.

The Advantages of Online Dating for Women

In the past, i.e. the 1990's, online dating was a brand new idea. Unlike today, most people did not own PC's or even have access to the internet. Times have changed. Online dating is not only IN the mainstream, it IS the mainstream.

There are many reasons for the phenomenal growth of online dating sites and the number of people, men and women of all ages, races and religions who use them as their primary source for meeting people and looking for "the one".

If you don't believe me, just ask your friends in the "real" world. If they are honest, most of them will tell you they have or are using an online dating service.

Here are three good reasons why thousands of people sign up for dating services everyday:

- (1) **You can be anonymous**. You will never be required to give your real name, address, email address, phone number or place of employment to another online user. You, of course, may do so but only at your own discretion and only when you feel completely safe. You are not required to post a picture of yourself. Posting a picture, however, will get more responses to your profile. So you can surf through the other members on the dating site you have joined with complete anonymity.
- (2) You have so many more choices online than you do in your brick and mortar world. Before the world of online dating came of age, the choice of

friends and even of lifetime partners was limited to those we came in contact with through college or work. No more...the world is your oyster. You can go through hundreds...even thousands of profiles to find the right man for you.

(3) The "safety factor" is the biggest reason of all. An online dating service will never reveal your personal information. You get to choose who has that information and when they have it.

Online Dating Safety for Women.

Online dating can be a fun and certainly a rewarding experience for women of all ages. Maintaining your safety while doing it is simply a combination of using common sense and exercising good judgment. Online safety rules are the same as real world safety rules.

You wouldn't give your name, address and phone number to a strange man that you met in a bar or on the street so you should never do that online either. **Play it safe.** Get to know this man who could turn out to be Prince Charming before you give out any information that could make it possible for him or others to trace you. Don't tell a stranger exactly where you work. Say that you are a legal secretary (if that's what you are) for a mid-sized law firm....not that you work for Brown, Smith and Jones Attorneys-at-law. It is safe to tell him what city you live in but you should wait to be any more specific than that until you have been chatting and exchanging emails for a while.

Use only the tools provided by the dating service you belong to. Most offer chat and private email on their site. Do not give out your email address. If you must give out an email address make it a free one, such as Hotmail or Yahoo. Your ISP address is traceable for anyone who wants to go to the trouble.

When the time comes for you to have your first face-to-face, make that first meeting in a public place and during day light hours. Take a friend

with you or arrange for one to call you on your cell soon after the arranged meeting.

Remember...you ARE in control, so do not let anyone pressure you into revealing more personal information than you are comfortable with revealing.

Online Dating For the Single 30 Something Woman.

Life isn't fair. Men get all the breaks. You've devoted all of your 20's to getting your career off the ground. Not that you haven't been dating...you have, but not seriously. Now here you are...30 something and there is no long term relationship in sight.

You can actually hear your biological clock ticking. You have a precious few years to find a man to fall in love with, make him fall in love with you, get married, and have a baby or its lights out. You already know all of the men in your social circle. Not that they aren't nice guys...some of them...but none of them are your soul mate. What's a girl to do?

Consider online dating. You have the opportunity to read hundreds of profiles and look at hundreds of pictures in search of that "someone" that will be right for you. Maybe he will live in the same city you do...maybe he will live across the country or even in another country altogether. You aren't limited to only those men that you come in contact with personally. The possibilities are almost endless.

"Is online dating safe", you ask. "Aren't the online dating sites made up entirely of perverts, sexual predators and weirdoes in assorted shapes and sizes?" The answer is, yes, there could be, but not as many as before. It is up to you to be very CAREFUL in making your choices. It's as safe as you make it using common sense and sound judgment.

Use the same caution that you would when meeting any stranger. Don't give your real name, address or phone number until you feel safe doing so. Don't

ONLINE DATING DOS AND DONTS FOR WOMEN BY DR GRACE ANDERSON.

rush into a face-to-face meeting until you are confident and then make the first meeting in a public place and during daylight hours.

Give it a try...Mr. Right might be a few mouse clicks away.

What Are the Odds of Finding Mr. Right Online?

The odds of finding your "soul-mate" online are a lot better than you may think. It doesn't happen for everyone, of course, but it can happen for you. The world of internet or online dating has exploded over the last few years.

As our lives become busier and busier, we need to make better use of our time and energy in our search for the one man who will make our lives complete.

The old saying, "You have to kiss a lot of frogs before you find a princess" is no longer true. Why kiss frogs when you can read hundreds of profiles and

look at the pictures that go with them for a small monthly fee? That saves time and money...not to mention lip burn.

These are a few good reasons to consider online dating:

- (1) There is a wide range of men to choose from. You aren't limited to the men in your social circle or work environment.
- (2) You have the opportunity to get to know a lot about a man before you ever contact him for the first time. You will know his age, marital status, what city he lives in, whether he has children, his height/weight and his likes and dislikes all from his profile. You'll even see a picture of him.
- (3) You have a better chance to present yourself in a favourable way. This is especially useful for those of us who are shy. We have time to think about how we want to say things about ourselves and can avoid being tongue tied.

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Even those who are more extroverted can take time to reflect on who they really are before writing their online profile.

(4) Online dating is certainly a time saver. You can meet so many more men in a lot less time than you ever could out in the real world.

Do You Need A Relationship Coach?

If Yes, sign up for a Free 1hour Session with me on my website: https://www.lifemasterymasterclass.com.

If you prefer to have a **Full Relationship Course**, please go here to check out my course:

Legendary Love: How to Keep the Fire of Love Burning For Life.

There is also a Free Report here for You:

"7 Secrets for a Happy Marriage".

Conclusion.

I do hope you find some of my suggestions here useful.

If yes, please drop me a line to let me know on my email address below: drgracescourses@gmail.com

Please feel free to share this Free Report with your friends.

I wish You Success in Your Dating Adventures!!

Thank you!