Being honest with my partner enriches our relationship.

I feel blessed to be a part of a twosome. Although each of us makes up only half of this very important relationship, I recognize it is a partnership that I must put my all into, so I do. One of the most important traits of my relationship is truthfulness.

Speaking honestly allows my partner to understand exactly what I am thinking and feeling. **Without guesswork, things progress more smoothly between us.**

When I am open and truthful, I feel more secure in the relationship. Both of us benefit from my choice to be frank, regardless of the situation.

Sometimes, I ponder how the relationship grows and changes. I see that I still can do a lot with the ever-evolving nature of being a partner. Yet, as my relationship grows, I know for certain that honesty is always an important component.

Being honest solidifies our partnership. The strength of this solid foundation carries us through any rough situation.

My partner and I get closer and closer as time goes by because of our joint efforts to be truthful. Together, we enjoy the closeness and intimacy that comes with openness and truthfulness.

Today, I strive to always be open and honest with my loving partner. **I know that I can positively affect our emotional connection by speaking genuinely about my thoughts and feelings.**

We have a fulfilling relationship because I am honest.

Self-Reflection Questions:

1. Am I honest with my partner every day in every situation?
2. In what situations do I have the most difficulty being open and truthful in my love partnership?
3. How can I ensure that I am consistently honest in my relationship?