

**How to Find and Recognize Your True Love.
Module 3. Quiz.**

Module 3 Quiz.

Select the best answer:

1. A healthy response to a stressful situation is:
 - A. Screaming and yelling
 - B. Running into your room
 - C. Getting centered and grounded
 - D. Shooting a deer

2. A pattern of behavior is a way of acting which happens repeatedly.
 - A. True
 - B. False

3. A mistake is:
 - A. Something you never make
 - B. To be avoided at all cost
 - C. Something everyone makes
 - D. Something only other people make

4. A non-negotiable:
 - A. Is a quality you must have in a relationship
 - B. Can change as you learn and experience more
 - C. Is something which might show up after marriage
 - D. All of the above

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5. What can make a painful incident worse?
- A. Crashing into the waiter
 - B. Stuffing your feelings
 - C. Refusing to talk about it
 - D. All the above
6. Childhood experiences can make a painful comment worse.
- A. True
 - B. False
7. Forgiveness _____.
- A. Is something you do to get even
 - B. Brings peace and joy
 - C. Causes physical problems
 - D. None of the above.
8. Lack of forgiveness _____.
- A. Causes stress
 - B. Can weaken your immune system
 - C. Can affect your digestive system
 - D. All the above

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9. When everything seems right but you still can't make a commitment:
- A. Go shopping.
 - B. You're afraid of something
 - C. Take a trip
 - D. Read a novel
10. How can you keep the spark alive?
- A. Date night
 - B. Send your partner off with a kiss and hug.
 - C. Greet your partner like they were the most important person in your life.
 - D. All the above

Answer Key

- 1. C
- 2. A
- 3. C
- 4. D
- 5. D
- 6. A
- 7. B

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8. D

9. B

10. D