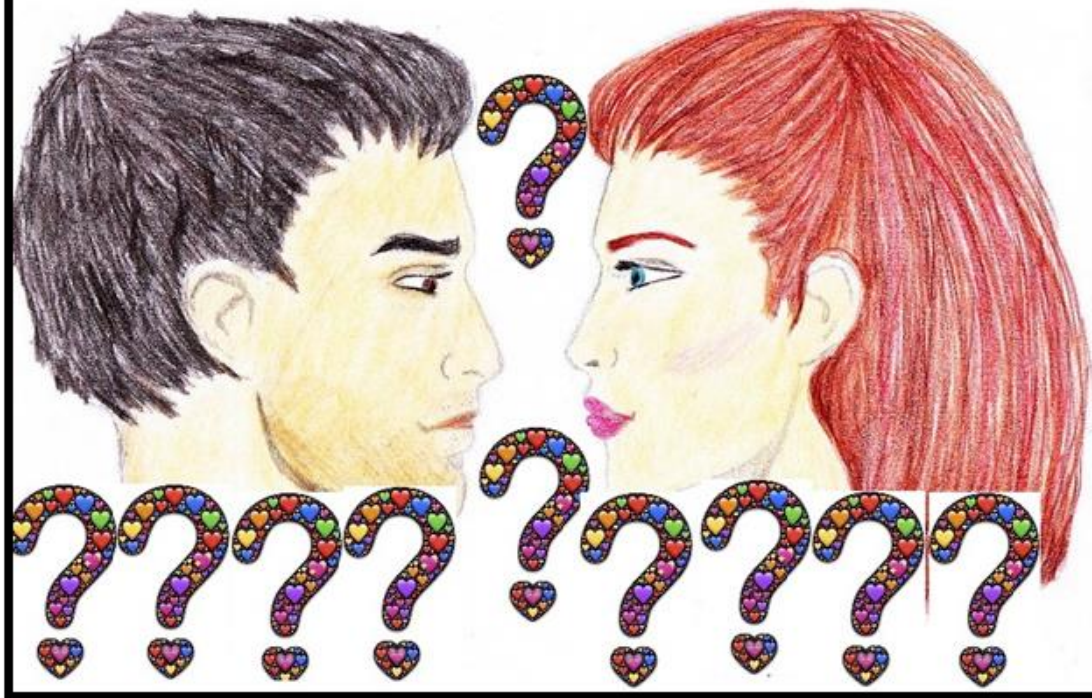


10 KEY QUESTIONS TO ASK IN ANY ROMANTIC RELATIONSHIP
– Dr Grace Anderson.

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In the era of Facebook, Twitter and Instagram, people are as connected as they've ever been. We can hop on Skype and talk face to face with someone on the other side of the planet.

Gone are the days of snail mail where we have to write a letter, take it to the post office, and wait for the mail carrier to deliver it to the recipient in order to communicate with someone far away. Now we can send an email or a text and the message arrives in a matter of seconds.

We can talk to anyone, anywhere, at anytime.

We are, indeed, more available, but are we actually more connected? Do our connections go any deeper than a superficial level? Just because we can connect with anyone whenever we want to doesn't mean we're getting anything out of those connections.

This is definitely true when it comes to our romantic relationships. We can tweet cute messages to our partner, post adorable pictures of each other on Instagram, and share loving stories on Facebook, but is that actually doing anything for our relationships?

How do we know our relationships are anything but superficial? How can we be sure we're taking our relationships to the next level? How can we know whether our partner is the one for us?

Here are 10 fun, yet revealing, questions you can ask your partner to take your relationship deeper and evaluate where you currently are.

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You can add more relevant questions if you wish – questions that have been bothering you about this person. The trick is to ask it them casually – without placing too much importance on them – I mean conversationally, not like an inquisition.

1. What is the first thing you would do if you won the lottery?

A lot of the things we do in life are constrained by money, or the lack of it. The clothes we wear, the food we eat, the hobbies we have, and even our friends can be determined by the amount of money we have.

But what if money wasn't an issue? This is a very telling question to ask because it reveals our true values and what we really care about in life. If we win the lottery and we are no longer held back by money, we are free to do whatever we want. We can travel, do charity work, and buy whatever our hearts desire. The answer to this question tells a lot about a person.

2. Does everything happen for a reason?

People typically either believe in destiny, that everything happens for a reason, or they believe in chance, that everything that happens is random and there is no real rhyme or reason. This is a very thought-provoking question that is sure to lead to an interesting conversation.

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3. What is your biggest regret?

This question can sometimes be a hard one to answer. It's usually very personal and can be very embarrassing. No one likes talking about regrets, and some people don't even believe in regrets. This will go a long way in finding out what your partner's values really are.

4. If you were suddenly invincible, what's the first thing you would do?

This question basically removes fear from the equation and lets us do anything we can think of. We could skydive, climb Mount Everest, or get a nice spandex suit and become a superhero with no fear.

Or, your partner could be the type of person that would play practical jokes on everyone to make people think they died and then upload the reaction videos to YouTube. This is a fun question that also reveals a lot about a person.

5. If you could relive any year of your life, which one would it be?

This questions usually goes one of two ways. Your partner will either want to go back and relive an amazing year of his life all over again, or he'll want to go back and fix a year that wasn't so

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great. Either way, the answers to this question are always enlightening.

6. Which do you prefer, a good book or a night out?

This question reveals a lot about your partner's personality type. Introverts will almost always pick the good book, and extroverts will typically want a night out. This will also determine how compatible you are with your partner. Issues can arise if you want to stay home and read when he always wants to party.

7. What advice would you give your younger self?

This question can get surprisingly personal. It usually ends up being a mixture of sad and sweet. Who wouldn't jump at the opportunity to impart wisdom on our younger selves? This is also a great way to open up conversation about your childhood.

8. When is the last time you cried?

Some people won't want to answer this one. They either won't want to admit to crying, or they won't want to talk about what made them cry. This one can be tough, but if you allow yourselves to open up and talk about it, amazing things can happen.

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**9. What's something you never
want to do again?**
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This question usually tells us about some of the hardest times in our partners lives. These times are usually the most transformative, so the answer can allow us to see what has made them into the person they are today.

**10. What is one thing that is
absolutely unforgivable?**
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Be sure to take notes when your partner answers this one. This answer is usually shaped by prior life experiences. If they've been hurt by a previous partner's cheating, being cheated on is a likely answer here. You might also discover that your partner is very forgiving and can forgive almost anything.

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Hope to connect with you soon!!

Thank you.



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