## How to Unlock the Power of Your Beautiful Authentic Self. Module 5 – Lesson 39. My Purpose in Life is Being Fulfilled. Additional Resources.

## My Purpose in Life is being fulfilled.

I am truly appreciative of each step I am able to take in life. Even when the road is rocky, I remain thankful that I am able to walk on it. *I know that my purpose in life is being fulfilled with each experience.* 

When I am faced with the harsh reality of suffering, I avoid turning a blind eye. I believe that things are brought to my attention for me to do something about them.

My purpose is to help those whose plights are presented before me. I am meant to make a difference in as many lives as I can. Although I spend time working on personal goals, I am ordained to also focus on external challenges.

*Even though I have my own plans, I accept that life comes with its own timing.* Each delay I am faced with on the road towards a goal is meant to occur.

There is a lesson for me to learn with each hiccup in life. The person I am today is a fraction of the person that life is preparing me to become. *I accept each learning experience as an opportunity to develop my mission.* 

Today, I celebrate each day and its contribution to helping me fulfil my purpose. I face every situation with courage and openness. I am ready and willing to accept the blessings that come with every experience.

## Self-Reflection Questions:

- 1. How am I able to identify when I am better off avoiding a specific situation?
- 2. What role does my family play in helping me to fulfil my purpose?
- 3. What do I do when I find that a goal is taking me longer than planned to achieve?

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