

**How to Unlock the Power of Your Beautiful Authentic Self.
Module 6. Lesson 47.
Developing the Courage to Cultivate Originality.**

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In the last lesson, you learned about listening to your inner voice. Your inner voice is honest, and reveals the real you to yourself. In living authentically, you want to encourage bringing out the real you, especially the parts about you that are unique.

Having the courage to be original really means ***being brave enough to be yourself***. Certainly, this can seem daunting and frightening, because to really live as you are means opening yourself up to the judgement of others. Usually, we shield ourselves from others to some extent.

Each of us is uniquely valuable. So why hide the truth of who you are?

Imagine what it might be like if everyone truly knew you, inside and out, what wonderful things you're capable of, and how fully human you are, just like them.

There can be a great, false comfort in conforming and keeping your head down. But you sacrifice ever knowing your true potential. And you risk boredom; when the path is fully laid out for you, there's no adventure.

Living with originality takes some courage for sure, but the rewards far outweigh the penalties of hiding your inner self.

Being original has a lot of perks:

1. **Greater fulfilment and personal satisfaction.** Life has more meaning when it's 100% authentic.
2. **Increased charisma.** People will find you more interesting and pay attention to you more. Authentic people are attractive to pretty much everyone.
3. **Greater ability to take risks and be creative.** Your life will have more depth and you'll experience more success in every part of your life.
4. **Opportunity. *By being original, you stand a chance to change the world. And regardless of what you do, you'll surely be remembered.*** Only unique people do great things. Average people do average things.

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Try these ideas to cultivate your originality:

1. **Be aware of who you are inside.** This may take some thought, especially if you spend all day working and all night watching television. Regularly spend quiet time with yourself. Contemplate who you are and what you stand for.
2. **Express yourself freely.** Give your opinions without judging yourself, especially when you're asked for them. Let people know what you think without being unkind. **Allow yourself to have your own style,** whether it's your taste in music, your profession, or just what to wear today.
3. **Avoid worrying about others' opinions. *The big secret is that they're probably worried about what you think of them.*** Chances are good that nobody is spending much time thinking about any of us. And there's nothing more attractive to others than someone that moves through the world confidently and without apology.
 - Just be yourself and let the chips fall where they may. ***You'll be surprised how easy it is once you try it.*** It's analogous to being afraid of the dark; there's simply nothing there to fear.

Consider famous people like Abraham Lincoln, Albert Einstein, Marie Curie, and others. Do you know of another person who is anything like any of them? *They're originals.*

People who conform can never really stand out unless they're in extraordinary circumstances. Maybe you're not the next Albert Einstein, but ***how will you ever know*** if you decide to continue selling shoes all your life even though you want to quit and study physics?

Being original is about having the courage to be yourself and letting the world know who you are. This isn't always easy, but it's necessary to truly experience the depth of your life.

Have the courage to be unique! You'll live in an intensely fulfilled way and you'll be remembered long after you're gone.

The next lesson finishes your journey toward authenticity with helping you to create a compelling future based on your unique, true self and what's important to you.

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Here's what you need to do today:

Reflect on how you are unique. How can you bring out your unique qualities?
In your journal, write down your plans for bringing out this part of you.